



“Massage & Beauty Treatments”

M A S S A G E S

Chocolate massage € 40.00

“A true Chocotherapy” with anti-cellulite effect that becomes an essential source of beauty and well being.”

Is a delicious Body wrap based on cocoa that helps to reduce contours, smooth Orange-Peel skin and eliminates stress. Cocoa induces the production in the body of endorphins, substances that are capable of activating the natural process of fat elimination. Further more, these molecules, known as "Happiness Molecules", stimulate the senses, release tension and produces wellbeing. (50 min)

Revitalizing massage € 40.00

This massage is intended to be our full experience massage and incorporates a number of our treatments. From head to toe we work to relieve the aches and tensions left by daily stress from each area of your body, mind, and soul. This uniquely personalized massage will leave your body totally relaxed and rejuvenated. (50 min)

Decontratturante massage (deep tissue) € 40.00

Deep tissue massage is a therapeutic massage to focus on the sore areas of your body. Pressure points and deep tissue strokes will relieve discomfort for stressed areas of specific concern to you. (50 min)

Relaxation & Body sculpting massage € 40.00

This treatment is a combination kneading and light stroking of each muscle group to relieve stiffness and tightness. Light to moderate pressure is used. This massage improves circulation and stimulates the lymph system, while creating a feeling of deep relaxation.(50 min)

FOR RESERVATIONS:

Resort Valle del Marta  Villa Hotel & Agriturismo

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“Massage & Beauty Treatments cont.”

Lymph-Drainage massage € 45.00

This massage is a gentle hands-on technique, which stimulates the lymphatic system, thereby encouraging and supporting the body's natural ability to heal itself. It is a non-invasive preventive therapy massage beneficial in the treatment of these conditions:

Mild Swelling, Wrinkles, Insomnia, Stress, Fatigue, Headaches/Migraine, Chronic Fatigue Syndrome, Arthritis. (50 min)

Sacral-cranial massage € 35.00

Our massage therapists use gentle movements applied to the skull and vertebrae to balance the circulation of the liquid that surrounds the brain. Working on the cranial sacral system brings the body into balance, releasing accumulated stress to create a general sense of wellbeing. (30 min)

B O D Y T R E A T M E N T S

Body gommage with salt from the dead sea & avocado oil € 45.00

Indulge your self with a wonderfully nourishing body treatment that stimulates circulation while it tones, moisturizes, detoxifies, balances and re-mineralizes your skin from head to toe! (50 min)

Body exfoliation with Sea shell powder and karité butter € 45.00

Our exfoliating body scrubs are infused with finely ground sea shells that will subtly buff rough areas of the skin. The rich karité butter base will rinse clean after moisturizing and softening your skin. (50 min)

Slimming clay body wrap € 60.00

A layer of warm clay with algae extracts is spread on the body and then wrapped with cloth. The effects of the treatment are slimming and gives your skin a firm appearance. (50 min)

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R E S O R T

“Massage & Beauty Treatments cont.”

Cellulite treatment with clay € 60.00

A layer of clay with algae extract and rehydrated sea water is spread on the body and then wrapped with cloth . The effects of the treatment are firming reduces the appearance of cellulite. (50 min)

F A C I A L S & B O D Y C A R E

Rejuvenating facial € 50.00

Rebalance your skin's natural hydration with the stress releasing Rejuvenating Facial. Using only the best natural products to gently cleanse and hydrate, this treatment is complimented with a massage of the cranial area, neck, and shoulders. The total effect leaves your skin radiant and more youthful in appearance. (60 min)

Deep cleaning facial € 40.00

A exfoliating facial that removes dead skin cells and impurities. Leaves your skin soft and radiant. (60 min)

Facial with naturale products to suit your skin type € 50.00

A facial treatments with naturale skin care products customised to your individual skin type. (60 min)

Hair removal with warm wax:

Legs & Bikini line € 30.00

Lower Leg & Bikini line € 25.00

Bikini line € 12.00

Arms € 15.00

Gel nail construction € 80.00

Manicure € 12.00

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